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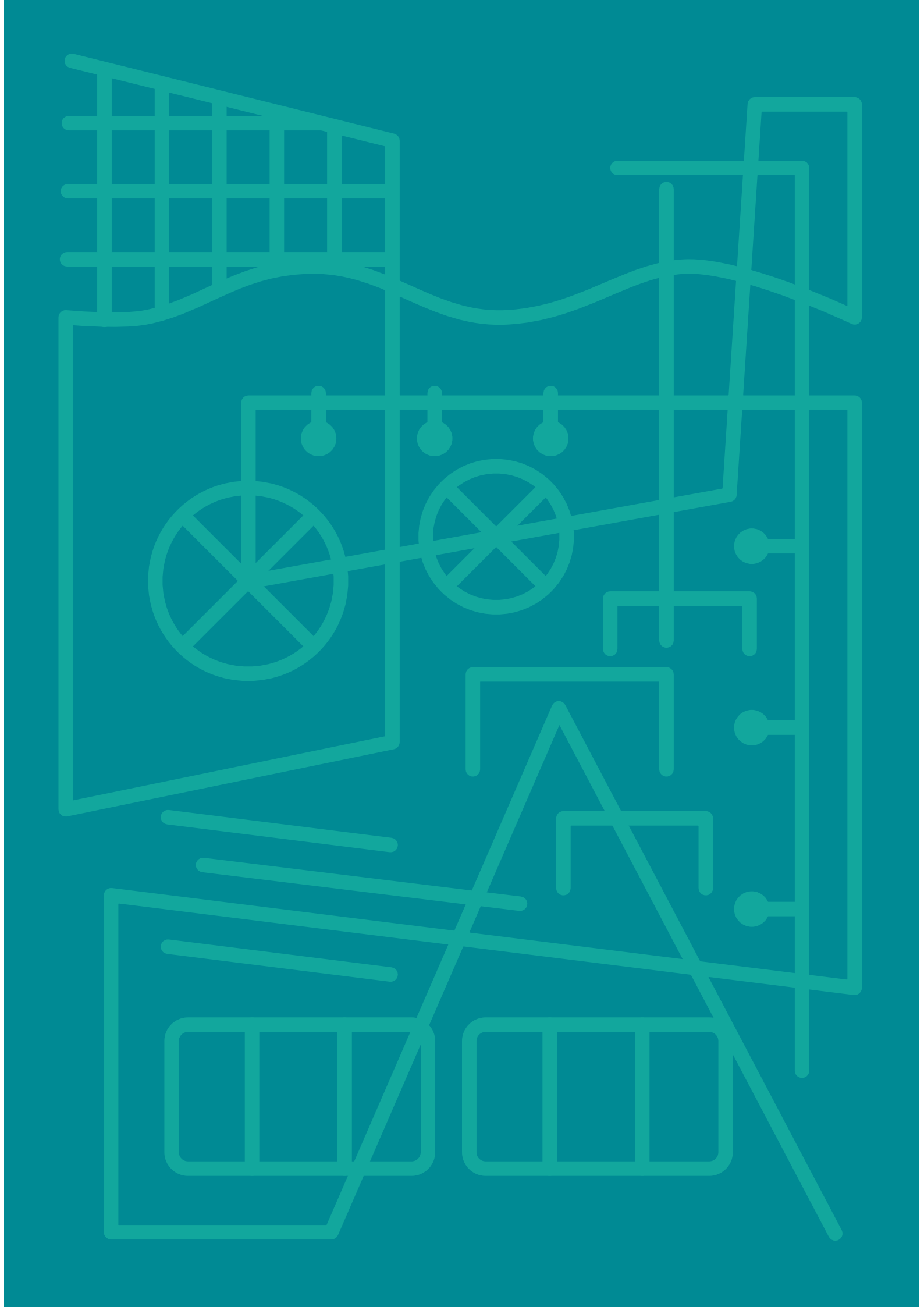
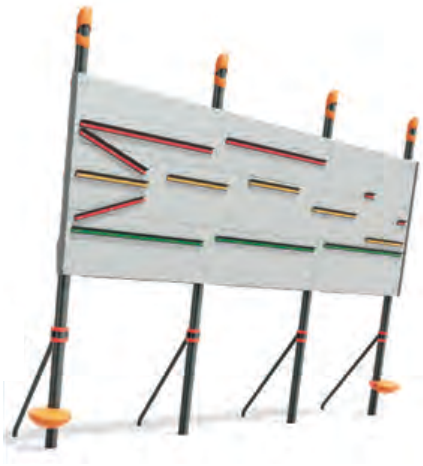




Go Extreme with FitCore™ Extreme

Introduce the rewards of an exciting fitness challenge to your community park, school or neighborhood gathering area. An innovative obstacle course invites friendly competition and personal development as participants race to complete each mission.

Landscape Structures welcomes fitness warriors of all ages. We'll help you create a course for teens and adults, or one sized just right for kids ages 5 to 12. Design your own by grouping your favorite challenges or consider one of our predesigned courses. Each challenge comes with a helpful sign that clearly sets the goal.

Let's Get Started!

Quintuple Steps

A great way to begin your course. Competitors must leap across five angled steps, testing their agility, balance and lower-body strength as they go. The gray area provides a grippy target, with the black range on either side offering extra width to land on.

13+ Years

Minimum area required:
ASTM 20′4″ x 35′4″
(6,20 m x 10,77 m)
EN 17′8″ x 29′5″
(5,38 m x 8,97 m)
Maximum fall height:
37″ (0,94 m)

- **#244062**

Angled Overhead Ladder

The Angled Overhead Ladder tests competitors' upper-body strength as they swing from rung to rung. Convenient E-Pod® Steps at each end allow everyone to reach the rungs, and pods in the middle offer the opportunity for entry or dismount when a shorter challenge is desired.

13+ Years

Minimum area required:
ASTM 13′3″ x 34′8″
(4,04 m x 10,57 m)
EN 14′11″ x 32′10″
(4,55 m x 10,01 m)
Maximum fall height:
ASTM 107″ (2,72 m)
EN 68″ (1,72 m)

- **#243907**

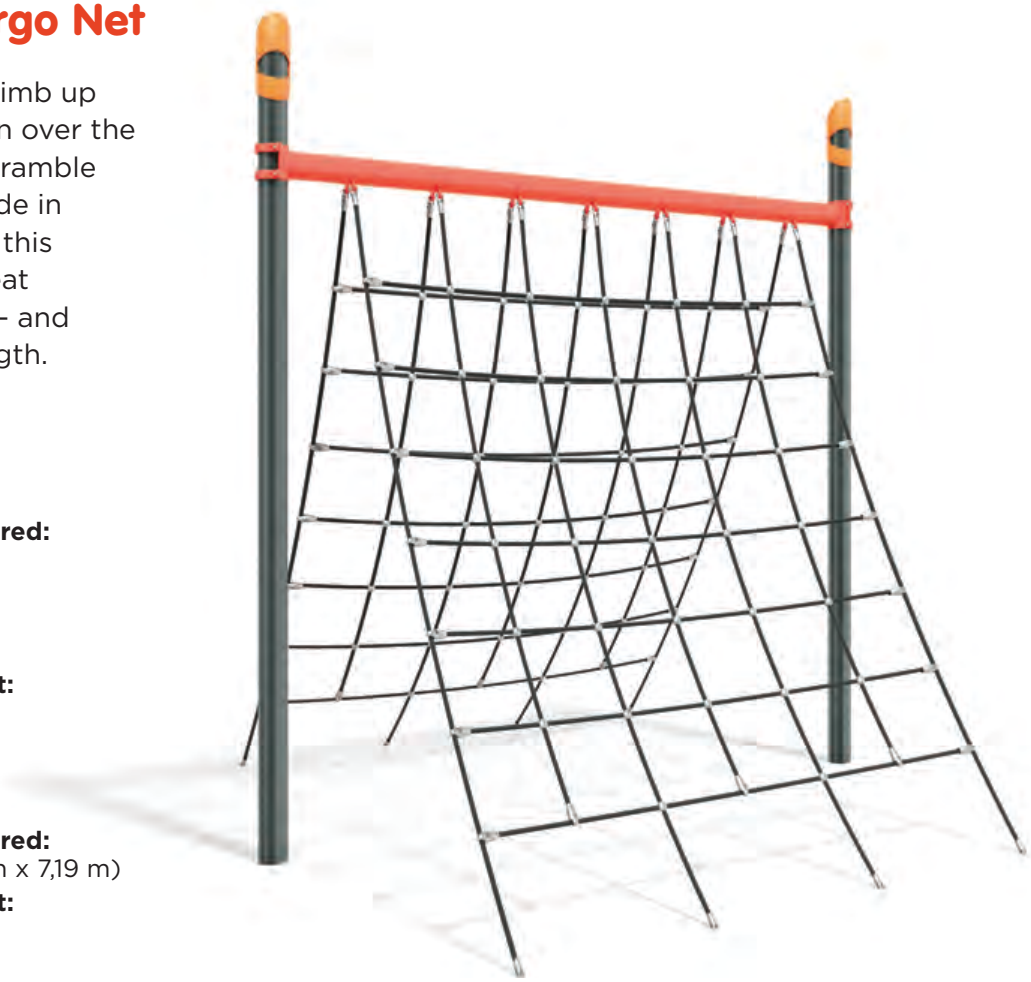
5 to 12 Years

Minimum area required:
16′1″ x 34′0″
(4,90 m x 10,36 m)
Maximum fall height:
85″ (2,16 m)

- **#244194**

A-Frame Cargo Net

Challengers will climb up one side, transition over the top beam, then scramble down the other side in a race to conquer this obstacle. It's a great test of both lower- and upper-body strength.



13+ Years

Minimum area required:
ASTM 20'9" x 24'3"
(6,32 m x 7,39 m)
EN 27'4" x 28'1"
(8,33 m x 8,56 m)
Maximum fall height:
118" (3,00 m)
- **#243016**

5 to 12 Years

Minimum area required:
22'9" x 23'7" (6,93 m x 7,19 m)
Maximum fall height:
118" (3,00 m)
- **#244191**

Peg Bridge

Challengers will need upper-body strength, coordination and proper hand sequencing to move along the length of the Peg Bridge. Jump up or use the E-Pod® Steps at each end to begin this mission.

13+ Years

Minimum area required:
ASTM 13'5" x 25'0" (4,09 m x 7,62 m)
EN 12'6" x 22'4" (3,81 m x 6,81 m)
Maximum fall height:
ASTM 90" (2,29 m)
EN 51" (1,29 m)
- **#243862**

5 to 12 Years

Minimum area required:
14'6" x 24'4" (4,42 m x 7,42 m)
Maximum fall height:
72" (1,82 m)
- **#244195**

Keep it going...

High Step

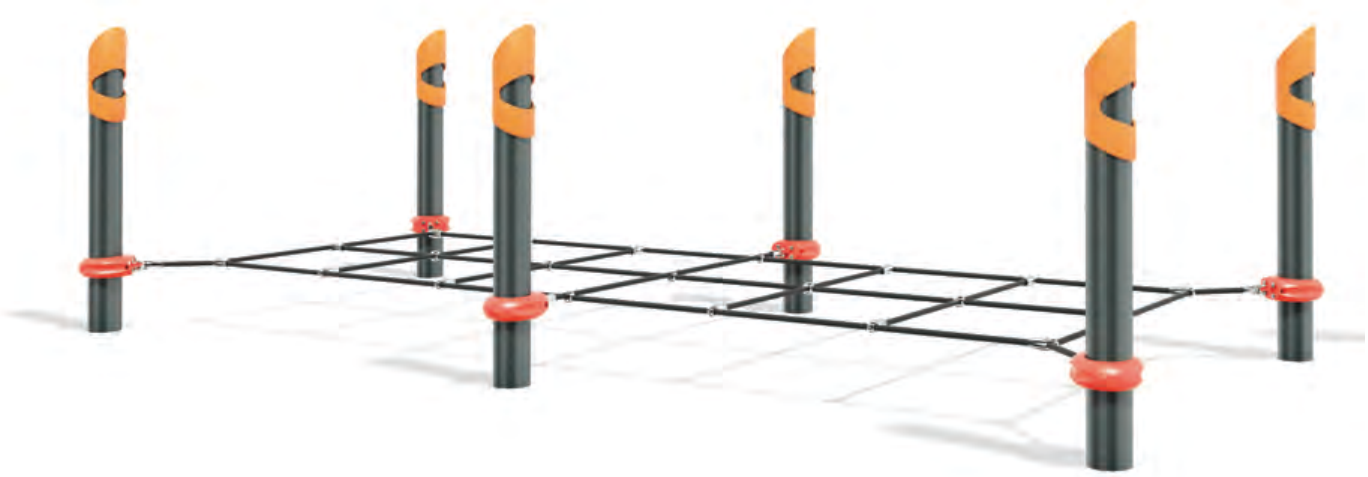
Speed and agility are the keys to mastering this high-stepping obstacle. Six posts suspend a net above the ground, requiring fancy footwork to land squarely within each square. Knees up!

13+ Years

Minimum area required:
ASTM 13'5" x 28'1"
(4,09 m x 8,56 m)
EN 7'5" x 22'1"
(2,26 m x 6,73 m)
Maximum fall height:
11" (0,28 m)
• **#244064**

5 to 12 Years

Minimum area required:
18'7" x 26'7"
(5,66 m x 8,10 m)
Maximum fall height:
11" (0,28 m)
• **#244201**



Globe Grasp

Angled to build intensity, racers challenge their upper-body strength by climbing from the low side to the high side, gripping each globe in succession. E-Pod® Steps at each end allow teens and adults of all sizes to reach up and grab on.

13+ Years

Minimum area required:
ASTM 13'7" x 24'5"
(4,14 m x 7,44 m)
EN 15'3" x 22'9"
(4,65 m x 6,93 m)
Maximum fall height:
ASTM 107" (2,72 m)
EN 68" (1,72 m)
• **#243870**

FitCore™ Extreme

13+ Years

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FitCore™ Extreme

5 to 12 Years

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...and going...

Angled Balance Beam

Competitors test their balance, agility and lower-body strength as they race across one, two or three angled balance beams. By configuring multiple beams, you can add a leaping challenge to this event.

13+ Years

Minimum area required for one beam:
ASTM 12′11″ x 17′7″
(3,94 m x 5,36 m)
EN 10′3″ x 14′11″
(3,12 m x 4,55 m)
Maximum fall height:
24″ (0,61 m)
• **#243908**

5 to 12 Years

Minimum area required for one beam:
12′3″ x 16′11″
(3,73 m x 5,16 m)
Maximum fall height:
16″ (0,41 m)
• **#244196**

Wheel Bridge

This challenge requires contenders to employ their upper-body strength and momentum to swing across the three wheels, starting low and heading to the high end. E-Pod® Steps help teens and adults get a good start.

13+ Years

Minimum area required:
ASTM 14′7″ x 26′6″
(4,45 m x 8,08 m)
EN 15′7″ x 27′6″
(4,75 m x 8,38 m)
Maximum fall height:
ASTM 120″ (3,05 m)
EN 81″ (2,05 m)
• **#243899**

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Vertical Cargo Net

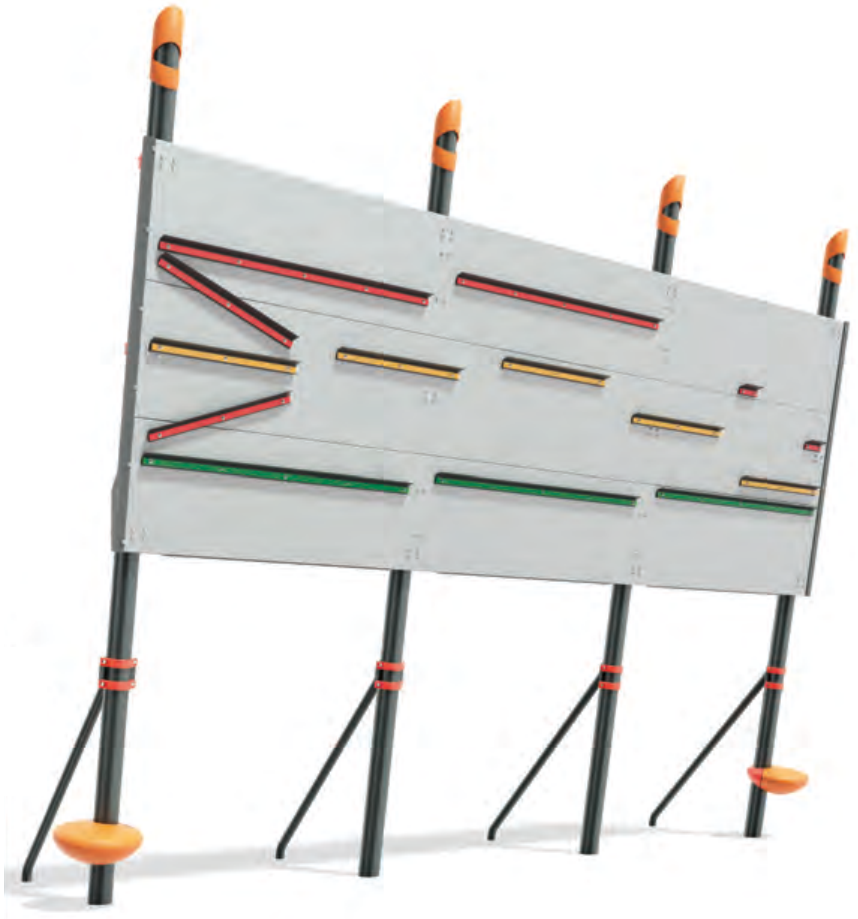
An impressive test of both lower- and upper-body strength, obstacle racers must scale the cargo net, traverse over the top beam and navigate their way back down to the ground before moving on.

13+ Years

Minimum area required:
ASTM 13'1" x 20'10"
(3,99 m x 6,35 m)
EN 16'11" x 27'4"
(5,16 m x 8,33 m)
Maximum fall height:
118" (3,00 m)
• **#243019**

5 to 12 Years

Minimum area required:
12'6" x 22'9"
(3,81 m x 6,93 m)
Maximum fall height:
118" (3,00 m)
• **#244192**



Ledge Hanger

Strong fingers and good upper-body strength are required to master the Ledge Hanger. Participants work their way across the angled wall using three challenge levels indicated by color (red, yellow and green). E-Pod® Steps provide a helpful step up to teens and adults.

13+ Years

Minimum area required:
ASTM 16'0" x 32'2"
(4,88 m x 9,80 m)
EN 14'10" x 32'5"
(4,52 m x 9,88 m)
Maximum fall height:
ASTM 137" (3,48 m)
EN 98" (2,48 m)
• **#243778**

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Spider Walk

Challengers need both lower- and upper-body strength to navigate their way between two walls, using their hands and feet to brace themselves without touching the ground. Narrower at the bottom and wider at the top, the walls offer a grippy surface that accommodates users of all sizes.

13+ Years

Minimum area required:
ASTM 14′9″ x 24′2″
(4,50 m x 7,37 m)
EN 14′10″ x 21′6″
(4,52 m x 6,55 m)
Maximum fall height:
ASTM 96″ (2,44 m)
EN 56″ (1,44 m)
- **#244061**

5 to 12 Years

Minimum area required:
20′3″ x 23′6″
(6,17 m x 7,16 m)
Maximum fall height:
96″ (2,44 m)
- **#244200**

Jump Hang

Teen and adult competitors use the launch ramp to grab the high end of the cargo net. Younger racers simply jump up from the ground. Then everyone applies their upper- and lower-body strength to scramble across the underside of the net, reaching the other side without touching the ground.

13+ Years (shown)

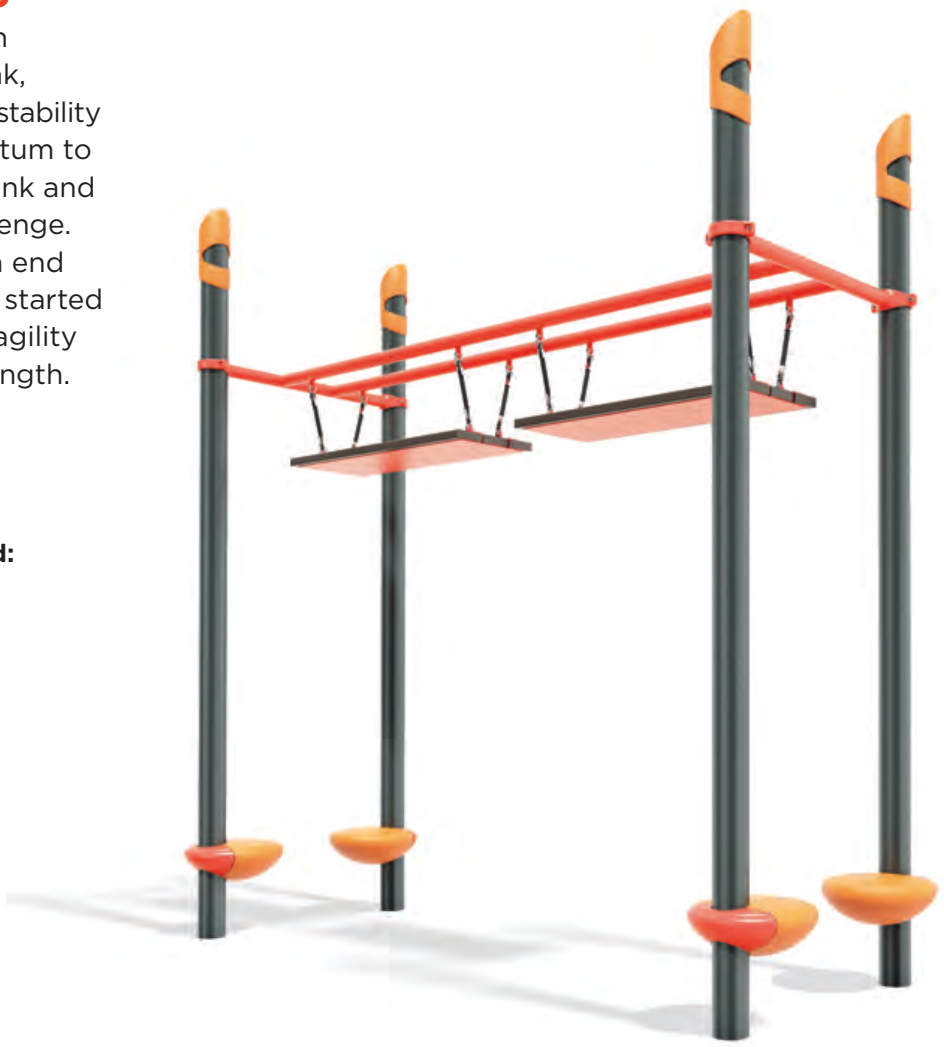
Minimum area required:
ASTM 17′9″ x 34′10″
(5,41 m x 10,62 m)
EN 19′9″ x 34′6″
(6,02 m x 10,52 m)
Maximum fall height:
101″ (2,57 m)
- **#243190**

5 to 12 Years

Minimum area required:
17′1″ x 24′3″ (5,21 m x 7,39 m)
Maximum fall height:
111″ (2,82 m)
- **Ramp not included**
- **#244193**

Unstable Bridge

By holding onto both sides of the first plank, contenders establish stability before using momentum to reach the second plank and completing the challenge. E-Pod® steps at each end get teens and adults started on this challenge of agility and upper-body strength.



13+ Years

Minimum area required:
ASTM 13′7″ x 24′5″
(4,14 m x 7,44 m)
EN 14′3″ x 21′9″
(4,34 m x 6,63 m)
Maximum fall height:
ASTM 91″ (2,31 m)
EN 52″ (1,31 m)
• **#244063**

Over Under Bars

Beginners can jump over the short bars and duck under the tall bars. Advanced users can attempt to jump over the high bars and crawl under the low bars. Available in sets of one, two or three pairs, so you can customize to fit your space and desired challenge level.

13+ Years

Minimum area required for one pair:
ASTM 16′4″ x 22′4″
(4,98 m x 6,81 m)
EN 13′8″ x 16′4″
(4,17 m x 4,98 m)
Maximum fall height:
43″ (1,09 m)
• **#243909**

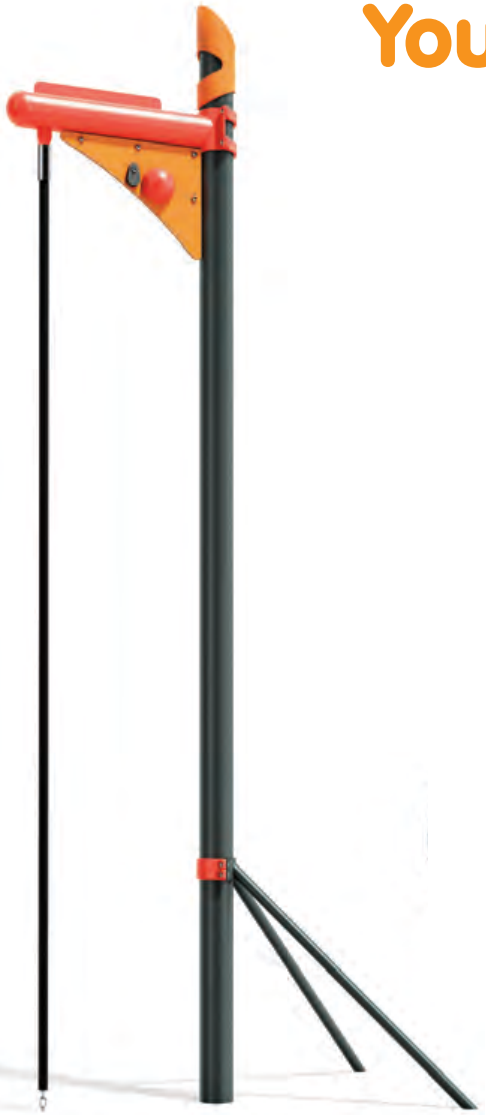
5 to 12 Years

Minimum area required for one pair:
15′8″ x 18′4″ (4,78 m x 5,59 m)
Maximum fall height:
31″ (0,79 m)
• **#244198**

You did it!

Rope Climb

The ideal event at the end of any obstacle course, the Rope Climb lets warriors signal their success by ringing the bell at the top. Rubber tubing encloses the chain for a better grip as users employ upper-body strength to achieve victory.



13+ Years

Minimum area required:
ASTM 12′0″ diameter
(3,66 m diameter)
EN 15′0″ diameter
(4,57 m diameter)
Maximum fall height:
ASTM 132″ (3,35 m)
EN 93″ (2,35 m)
- **#243190**

5 to 12 Years

Minimum area required:
15′3″ x 17′4″ (4,65 m x 5,28 m)
Maximum fall height:
ASTM 120″ (3,05 m)
EN 81″ (2,05 m)
- **#244199**

Welcome Sign

With the purchase of nine or more FitCore™ Extreme obstacles, you are eligible for a complimentary sign that welcomes users to the course. Also available for purchase.

13+ Years
- **#246315**

5 to 12 Years
- **#246587**

Instructional Sign

Each FitCore Extreme obstacle comes with an individual instructional sign visually indicating proper use and symbolizing useful skills. Warning information is also included.

Materials Matter

TenderTuff™ Coating

Our TenderTuff Coating provides a safer grip surface while protecting hands from temperature extremes compared to painted metal.

GripX

This UV-stabilized HDPE (high-density polyethylene), marine-grade material offers a specially designed slip-resistant texture that enhances traction and appearance. Easy to clean and endures harsh climate conditions.

Steel-Reinforced Climbing Cables

Steel-reinforced cables provide years of safe, bouncy fun. Made of tightly woven, polyester-wrapped, six-stranded galvanized-steel cable. These abrasion-resistant, color-stable cables are extremely durable and vandal resistant.

Recycled Plastic Lumber

Looks like wood but longer lasting and easier to clean. Created from 100% recycled high-density UV-stabilized polyethylene material to prevent warping in direct sun.

Rope Chain

This grippy, rubber-wrapped chain provides a user-friendly climbing surface that gives younger kids a greater chance to reach the top and allows all racers to focus on ringing the bell.

ProShield® Finish

Our ProShield Finish is so tough, it substantially increases the durability of our products. The result is enhanced longevity, greater protection against UV rays, prevention from corrosion and improved product performance, all while requiring less maintenance.

Permalene® Material

This strong, ¾″-thick, customized material is available in a variety of exciting colors and features a distinctive black core that is the result of combining and recycling colored plastic.

Rotationally Molded Polyethylene

Available in many colors, the architectural-grade pigments contain no heavy metals and provide long-lasting, UV-stable, vibrant colors. 100% recyclable.

Since 1971, Landscape Structures Inc. has been the leading manufacturer of commercial playground equipment in the world. Our employee-owned company designs community and school playgrounds that encourage kids of all ages and abilities to learn persistence, leadership, competition, bravery, support and empathy through play. We push the limits—of design, inclusion, play—to help kids realize there is no limit to what they can do today and in the future. For a better tomorrow, we play today.

601 7th Street South, Delano, MN 55328 USA • 888.438.6574 • 763.972.5200 • playlsi.com

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